

MINNESOTA HIGHWAY SAFETY CENTER



Sleep, Teens, & Driving
An Instructional Module for
Driver Education

Sleep, Teens, & Driving an Instructional Module for Driver Education

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Dedicated to Katie Drentlaw
and other teens who have
died because of drowsy driving.

Preface

This module for driver education classes will inform students about the role sleep has in impairing driver performance and provide an opportunity to practice making decisions about sleep and driving.

The assistance of our colleagues at the Minnesota Highway Safety Center and Minnesota Regional Sleep Disorders Center with the production of this module is greatly appreciated.



To Sleep? To Drive ?

© 2001 MHSC - Sleep, Teens & Driving Module 15:45



**To Sleep?
To Drive?**

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Sleep,
Teens, &
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15:45

Sleep, Teens & Driving

Novice Driver
Improvement Project



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All text is Times font in 18 or 12 size. The title is bold.

